



CORE SERVICES PROGRAM

FIRST YEAR OF A THREE-YEAR PLAN

SFY 2022 - 2023

SFY 2023 - 2024

SFY 2024 - 2025

FOR

Routt and NW Region: Routt, Grand, Jackson, Rio Blanco, and Moffat	COUNTY(IES):
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**Please complete this plan template and budget pages.
Upload a copy of this plan into Docusign to route for
signatures.**



REQUEST FOR STATE APPROVAL OF PLAN

All signatures from the County Director(s), Boards of Commissions, and Placement Alternatives Commission are required.

This Core Services Plan is hereby submitted for **Routt and NW Region: Routt, Grand, Jackson, Rio Blanco, and Moffat**, for the period contract years June 1, 2022, through May 31, 2023 fiscal years July 1, 2022, through June 30, 2023. The Plan includes the following:

- Completed "Statement of Assurances";
- Completed program description of each proposed "County Designed Service";
- Completed "Information on Fees" form;
- Completed "Overhead Cost" form (Optional);
- Completed "State Board Summary";
- Completed "100% Funding Summary" form; and
- Completed "Final Budget Page".

This Core Services Program Plan has been developed in accordance with State Department of Human Services rules and is hereby submitted to the Colorado Department of Human Services, Division of Child Welfare for approval. If the enclosed proposed Core Services Program Plan is approved, the Plan will be administered in conformity with its provisions and the provisions of State Department rules.

The person who will act as primary contact person for the Core Services Plan is, **Julie Hulslander**, and can be reached at telephone number **970-870-5253** and e-mail at **jhulslander@co.routt.co.us**. If two or more counties propose this plan, the required signatures below are to be completed by each county, as appropriate. Please attach an additional signature page as needed.

Please check here if your county has a Core II Plan:

Please check here if your county does not have a Placement Alternative Commission:

Signature, DIRECTOR, COUNTY DEPARTMENT OF HUMAN/SOCIAL SERVICES DATE

N/A
Signature, CHAIR, PLACEMENT ALTERNATIVES COMMISSION DATE

Signature, CHAIR, BOARD OF COUNTY COMMISSIONERS DATE



CORE SERVICES STATEMENT OF ASSURANCES

Routt and NW Region: Routt, Grand, Jackson, Rio Blanco, and Moffat County(ies) assures that, upon approval of the Core Services Program Plan the following will be adhered to in the implementation of the Program:

Core Services Assurances:

- Operation will conform to the provisions of the Plan;
- Operation will conform to State rules;
- Core Services Program Services, provided or purchased, will be accessible to children and their families who meet the eligibility criteria set forth in Rule Manual Volume 7, at 7.303;
- Operation will not discriminate against any individual on the basis of race, sex, national origin, religion, age or mental/physical disability who applies for or receives services through the Core Services program;
- Services will recognize and support cultural and religious background and customs of children and their families;
- Out-of-state travel will not be paid for with Core Services funds;
- All forms used in the completion of the Core Services Plan will be State prescribed or State approved forms;
- Core FTE/Personal Services costs authorized for reimbursement by the State Department will be used only to provide the direct delivery of Core Services;
- The purchase of services will be in conformity with State purchase of service rules including contract form, content, and monitoring requirements;
- Core Services Program expenditures will not be reimbursed when the expenditures may be reimbursed by some other source. (Set forth in Rule Manual Volume 7, at 7.414,B);
- Information regarding services purchased or provided will be reported to the State Department for program, statistical and financial purposes;
- All providers of Core Services (through purchase of service contracts) must be registered with the Colorado Department of Regulatory Agencies (DORA). The provision of Life Skills is the only exception to this mandate;
- County staff are responsible for monitoring their Program provider payments and for ensuring the county and providers are following all statutory and regulatory requirements;
- All Core Services are made available, based on need of each child/youth/family; and



- All contracts for services using Core Services Program funding will include all of the required language of the attached contract template.



CORE SERVICES TO BE PROVIDED/PURCHASED

List below “County Designed Service” that will be provided/purchased. Please indicate which, if any, of the County Designed Service are provided through the Evidenced Based Services to Adolescents earmarked funding: **Parenting Coaching Supervision, Family Engagement Meetings, and Trauma Informed Non-traditional Therapies.**

Program Area Three - PA3 Services - Prevention/Intervention Services

If your county submitted a Program Area Three (PA3) Plan last fiscal year, and you wish to continue providing PA3 services using Core Services Program funding, please check the box below;

Yes, our county wishes to continue offering PA3 services using Core Services Program funding.

If your county has not submitted a Program Area Three (PA3) Plan, and you wish to provide PA3 services, please complete and submit the PA3 Plan Addendum attached.

Funding for Evidenced Based Services to Adolescents

If the county received funding for evidenced based services to adolescents, and is requesting the funding to continue to receive the same funding for the same expansion or created of the evidenced based county designed program to adolescents, please indicate that above, as well as on the Core Plan under **County Designed**.



Routt County: Three County Designed Services

Service Name: Parent Coaching Supervision

1. Describe the service and components of the service; define the goals of the program.

When a child/youth, ages 0-18, in the care and/or custody of Routt County Department of Human Services and the caregiver requires supervised visitation, NW Rocky Mountain Casa will provide supervised parent coaching. The goal is to offer tips and strategies for more effective parenting while also ensuring for safety of the child/youth.

2. Indicate if a new Trails service detail is necessary for this County Designed Program or that the service detail is already an option in Trails. *This is not necessary.*
3. Define the eligible population to be served. *Children/Youth 0-18*
4. Define the time frame of the service. *As deemed necessary by Routt County Human Services*
5. Define the workload standard for the program:
 - number of cases per worker, *Dependent on the need*
 - number of workers for the program, *two parent coaches from NW Rocky Mountain CASA*
 - Worker to supervisor ratio of *2 coaches: 1 supervisor.*
6. Define the staff qualifications for the service, e.g., minimum caseworker III or equivalent, see 7.303.17 for guidelines.

Parent coach must successfully complete parent coaching classes offered by Northwest Rocky Mountain Casa.

7. Define the performance indicators that will be achieved by the service, see 7.303.18.

The parent coach will provide age and developmentally approached teachings and guidance to the parent/caregiver during supervised visitation with the family. The parent coach will provide notes from the visitation to Routt County Human Services, and the progress of skill implementation will be monitored over time. Parents should gain confidence in their ability to parent and be able to implement information given by the parent coaches.



- 8 Identify the service provider. *Northwest Rocky Mountain CASA*
9. Define the rate of payment (e.g., \$100.00 per session/episode). *\$65/hour*

Service Name: Trauma-Informed, Non-Traditional Therapies

1. Describe the service and components of the service; define the goals of the program.

Routt County supports specialized therapies to address grief, loss, and trauma experienced by children and families in the child welfare system. These specialized therapies use an integrative healing therapeutic approach and may be very helpful when traditional talk therapy has not led to improved symptomatology. Trauma-Informed Services may include:

- *Music therapy*
- *Yoga therapy*
- *Play therapy*
- *Art therapy*
- *Dance therapy*
- *Equine Assisted therapy*
- *Talk therapy utilizing trauma-informed evidence-based practices*

2. Indicate if a new Trails service detail is necessary for this County Designed Program or that the service detail is already an option in Trails. *Service details is already an option in Trails.*

3. Define the eligible population to be served. *The population for trauma-informed practices, and nontraditional therapies includes children, youth (ages 0-18), and their parents, legal guardians or caregivers who have an open child welfare case and who meet the CORE Services Eligibility Criteria.*



4. Define the time frame of the service. *Children, youth and families are eligible for this service twice a month or as recommended by the service provider.*
5. Define the workload standard for the program:
 - number of cases per worker, *N/A purchased service*
 - number of workers for the program, *N/A purchased service*
 - worker to supervisor ratio. *N/A purchased service*
6. Define the staff qualifications for the service, e.g., minimum caseworker III or equivalent, see 7.303.17 for guidelines. *Services not provided by DHS. The provider will be qualified to offer services in the area contracted.*
7. Define the performance indicators that will be achieved by the service, see 7.303.18. *The performance indicators achieved by this service will often be determined in the treatment plan written and agreed upon by the contracted service provider, the family member, and the Routt County Caseworker. An example of a performance indicator is increased behavior regulation: child/youth/or parent will show an increased ability to manage their emotions during stressful times.*
8. Identify the service provider. *Various Providers*
9. Define the rate of payment (e.g., \$100.00 per session/episode). *Rates are dependent on contracted therapy. For example, rates for music therapy and equine will differ. These rates will be negotiated and set for standard practice moving forward.*

Service Name: Facilitated Family Engagement Meetings (FEM)

1. Describe the service and components of the service; define the goals of the program.

To promote family voice and collective decision-making throughout the case of the family's involvement with the Department. This will be provided through neutral facilitation from assessment through case closure, at critical decision points throughout the case, and at the family's request.

2. Indicate if a new Trails service detail is necessary for this County Designed Program or that the service detail is already an option in Trails. *Already open in trails*



3. Define the eligible population to be served. *Children ages 0-18*
4. Define the time frame of the service. *Assessment through case closure*
5. Define the workload standard for the program: *N/A, purchased facilitator*
 - number of cases per worker,
 - number of workers for the program, and
 - worker to supervisor ratio.
6. Define the staff qualifications for the service, e.g., minimum caseworker III or equivalent, see 7.303.17 for guidelines. *The provider will have completed training offered through their employee, which may include the State FEM courses and participation in their workgroup.*
7. Define the performance indicators that will be achieved by the service, see 7.303.18. *Families*
8. Identify the service provider. *Ariel Clinical Services*
9. Define the rate of payment (e.g., \$100.00 per session/episode). *\$65/hour*



INFORMATION ON CORE SERVICE FEES

Please check all that apply:

Fees will not be assessed for Core Services Program Services.

If above line is checked, **STOP**. Remainder of information does not need to be completed.

Fees will be assessed for the following services: Check those that apply:

- Home Based Intervention
 - Intensive Family Therapy
 - Life Skills
 - Day Treatment
 - Sexual Abuse Treatment
 - County Designed Service (List Services Below)
 - Special Economic Assistance
 - Mental Health Services
 - Substance Abuse Treatment Services

Fee assessment formula is the same for all services. State the formula here (attach additional sheets as needed).

Fee assessment formula varies with service. State formula used for each service (attach additional sheets as needed).



**80/20 FUNDING SUMMARY
CORE SERVICES PROGRAM
FY 2022-2023**

County(ies):	Routt
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Services	Resource/Provider or Number of FTE	Age of Child	# of Families Served Per Month	# Children Served Per Month	Cost per Child Per Month	Cost per Year
Parent Coaching Supervision	1736356	0-18	2	5	\$166.66	\$10,000
Family Engagement Meetings	90205	0-18	4	7	\$71.43	\$6,000
Life Skills	.1 FTE	0-18	8	10	\$83.00	\$2,000
Transporation	Various Providers	0-18	2	5	\$41.61	\$5,000
Trauma Information Non-traditional Therapy	Various Providers	0-18	1	2	\$208.33	\$5,000
PA 3	Various Providers	0-18	4	10	\$127.34	\$15,281

Total 80/20 CORE:	\$43,281
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**100% FUNDING SUMMARY
CORE SERVICE PROGRAM
FY 2022-2023**

County(ies):	Routt and NW Region: Routt, Grand, Jackson, Rio Blanco, and Moffat
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Services	Resource/Provider or Number of FTE	Age of Child	# of Families Served Per Month	# Children Served Per Month	Cost per Child per Month	Cost per Year
Routt SEAP	Various Providers	0-18	1	3	\$51.86	\$1,867
Regional Substance Abuse	1613348	0-18				\$45,111
Regional Mental Health	25498	0-18				\$159,390
Diagnostic Evaluations: DV, PCI, Psychological, Trauma	Various Providers	0-18	2	6	\$277.66	\$40,000
Urinalysis Testing	Various Providers	0-18	3	7	\$59.52	\$5,000



Intensive Family Therapy Co-payment	Various Providers	0-18	3	7	\$165.45	\$13,898
Mental Health	Various Providers	0-18	2	6	\$277.77	\$20,000

Total 100% CORE:	\$285,266
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**FINAL BUDGET PAGE
FY 2021-2022
CORE SERVICES PROGRAM**

CFMS Function Code	Service Name	Other DSS Funds (Specify fund source)	Other Source Funds (Specify Fund source)	Total Funds 80/20 1700	Total Funds 100% (Core, SEA, Substance Abuse, Mental Health) 1800	Total FSS Funds	TOTAL FUNDS
	Parent Coaching Supervision			\$10,000			\$10,000
	Family Engagement Meetings	CMP		\$6,000			\$6,000
	Life Skills			\$2,000			\$2,000
	Transporation	PSSF, CMP, Child Weflare Block	Community Grants- Giving Circle, Churches, United Way	\$5,000			\$5,000
	Trauma Information Non-traditional Therapy		Community Grants- Giving Circle, Churches, United Way	\$5,000			\$5,000
	PA 3	CMP, PSSF	Lift-Up, Community Grants- Giving	\$15,281			\$15,281



			Circle, Churches, United Way				
	Routt SEAP		Lift-Up, Community Grants- Giving Circle, Churches, United Way		\$1,867		\$1,867
	Regional Substance Abuse		Medicaid		\$45,111		\$45,111
	Regional Mental Health		Medicaid		\$159,390		\$159,390
	Diagnostic Evaluations: DV, PCI, Psychological, Trauma		Private Insurance, Medicaid		\$40,000		\$40,000
	Urinalysis Testing		Probation, Substance Treatment Services		\$5,000		\$5,000
	Intensive Family Therapy Co-payment				\$13,898		\$13,898



	Mental Health		Medicaid and Private Insurance		\$20,000		\$20,000
TOTALS				\$43,281	\$285,266		\$328,547

CFMS Function Codes 17xx denotes 80/20 funded Core Service
 CFMS Function Codes 18xx denotes 100% funded Core Service
 CFMS Function Codes for Family Stability Services will be determined by funding source.



Program Area Three PA3 - Prevention and Intervention Services Plan

Please submit if applying for CDHS funding sources per
Volume 7.200.1, 7.200.11 and 7.200.12.

COUNTY(IES)

Prevention Intervention Service Delivery using:

Please check all that apply:

- X Child Welfare Block Funding**
- X Collaborative Management Funding**
- X Core Services Program Funding**
 - County Only Funds**
- X Promoting Safe and Stable Families Program Funding (if
your county is an approved PSSF site)**
 - Parental Fee Funding**
 - SSA/SSI Trust Funds**
 - TANF Block Grant Funding**



**For Core Services Funding Only:
Program Area Three (PA3): Prevention and Intervention Services TO BE PROVIDED/PURCHASED**

Place an “X” to indicate which of the following Services will be provided/purchased in accordance with State Department rules:

- Home Based Intervention
- Intensive Family Therapy
- Sexual Abuse Treatment Services
- Day Treatment
- Life Skills
- Special Economic Assistance
- Mental Health Services
- Substance Abuse Treatment Services

List below “County Designed Service” that will be provided/purchased in accordance with State Department rules.

- Trauma-Informed Non-traditional Therapies



**Program Area Three (PA3): Prevention and Intervention Services
 COUNTY DIRECTLY PROVIDED SERVICES SUMMARY
 SFY 2022-2023**

County(ies):	Routt
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Services	Position Number of FTE	Age Range of Child(ren)	Number of Families Served Per Month	Number of Children Served Per Month	Cost per Child Per Month	Cost per Year
N/A, None at this time						

Total:	
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**Program Area Three (PA3): Prevention and Intervention Services
FINAL BUDGET PAGE - SFY 2022-2023**

County(ies):	Routt
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Service Name	Service Provider	PA3 Funding Source:	PA3 Funding Source:	PA3 Funding Source:	Total Funds 80/20 CWB:_____ Core:_____	Total Funds 100% CWB:_____ Core:_____	TOTAL FUNDS
Mental Health	Various Providers	PSSF	CMP	Core			\$20,000
Intensive Family Therapy Co-payment	Various Providers	PSSF	CMP	Core			\$13,898
Hard Services	Various Providers	PSSF	CMP	Core			\$1,867
Family Engagement Meetings	CMP	CMP					Provided by CMP
Trauma Information Non-traditional Therapy		PSSF	CMP	Core			\$5,000



				*Prevention Families will have access to funding in 80/20 & 100% Core, PSSF, and CMP. Total funds are not additional, it's the funds available for all programming.			

Total:	<u>\$40,765</u>
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